

**Family Disaster Preparedness Checklist**

Post emergency telephone numbers by phones (fire, police, ambulance, etc.).	
Teach children how and when to call 9-1-1 or your local Emergency Medical Services number for emergency help.	
Show each family member how and when to turn off the water, gas, and electricity at the main switches.	
Check if you have adequate insurance coverage.	
Ensure you have a fire extinguisher and train each member of the household on where's it's kept and how to use it.	
Install smoke detectors on each level of your home, especially near bedrooms.	
Conduct a home hazard hunt.	
Stock emergency supplies and assemble a Disaster Supplies Kit that includes water (one gallon per person for at least 3 days), food (at least 3 days of non-perishable, non-cook able), first aid supplies, clothing and bedding, tools and emergency supplies, and any special items (medication or baby materials).	
Determine the best escape routes from your home.	
Find two ways out of each room.	
Find the safe places in your home for each type of disaster	
Find out about the disaster plans at your workplace, your children's school or day care center, and other places where your family spends time.	
Ask about animal care after a disaster. Animals are NOT allowed inside emergency shelters because of health regulations.	

**Family Disaster Preparedness Checklist (Cont'd)**

Learn about your community's warning signals: what they sound like and what you should do when you hear them.	
Meet with your family and discuss why you need to prepare for disaster. Discuss the types of disasters that are most likely to happen. Explain what to do in each case.	
Quiz your kids every six months or so conducting emergency evacuation	
Replace stored water and food every six months.	
Test and recharge your fire extinguisher/s according to manufacturer's instructions.	
Test your smoke detectors monthly and charge the batteries at least once a year.	